

## Daily Reflection on Scripture

### Week of May 7

### Lean On Me



Each day slowly read the scripture a couple of times. Close your eyes and be with it for a moment in silence. How did it speak to you?

#### **Sunday May 7**

*Matthew 25:40 I assure you that when you have done it for one of the least of these brothers and sisters of mine, you have done it for me.*

**Sacred Pause:** In the face of everyone you meet, you meet Christ. Regardless of our differences it is Christ that unites us as brothers and sisters.

#### **Monday May 8**

*Isaiah 30:18 ...the LORD is waiting to be merciful to you, and will rise up to show you compassion. The LORD is a God of justice; happy are all who wait for him.*

**Sacred Pause:** God is a God of justice not judgement. Happy are all who live in a just world where everyone is offered and offers God's compassion.

#### **Tuesday May 9**

*Isaiah 54:10 Even if the mountains walk away and the hills fall to pieces, My love won't walk away from you, My covenant commitment of peace won't fall apart. The GOD who has compassion on you says so.*

**Sacred Pause:** There is one thing that God cannot do. God cannot stop loving you. Even if your life falls to pieces, God's love won't walk away from you.

#### **Wednesday May 10**

*II Corinthians 1:3-4 All praise to the God and Father of our Master, Jesus the Messiah! Father of all mercy! God of all healing counsel! He comes alongside us when we go through hard times, and before you know it, he brings us alongside someone else who is going through hard times so that we can be there for that person just as God was there for us.*

**Sacred Pause:** The way of Jesus shows us that God's love is an incarnate love. In times of need people walk with us and we walk with others in their needs.

#### **Thursday May 11**

*Psalms 116:5 The LORD is merciful and righteous; our God is compassionate.*

**Sacred Pause:** There are no negative words to describe God. We might feel as though God is inflicting us with pain, but God is always merciful toward us.

#### **Friday May 12**

*Colossians 3:12-14 So, chosen by God for this new life of love, dress in the wardrobe God picked out for you: compassion, kindness, humility, quiet strength, discipline. Be even-tempered, content with second place, quick to forgive an offense. Forgive as quickly and completely as the Master forgave you. And regardless of what else you put on, wear love. It's your basic, all-purpose garment. Never be without it.*

**Sacred Pause:** Every day we get dressed for work or leisure. Regardless of what clothes you chose today remember that God's love is your basic garment.

**Saturday May 13**

*Psalm 147:3 God heals the brokenhearted and bandages their wounds.*

**Sacred Pause:** Jesus shows that a primary way that God heals our broken hearts and wounds is through love with skin on it. May you find and be that love.