

Everyday Life With God Resources

Week of January 24, 2016

This week we will go inward in our scripture reflections by looking at the creation story and how with its beauty and awe inspires us. Each day will also include a part of a prayer offering thanksgiving to God for creation. Brian McLaren wrote the prayer.

Sunday, January 24, 2016

Genesis 1:3-5 *God said, "Let there be light." And so light appeared. God saw how good the light was. God separated the light from the darkness. God named the light Day and the darkness Night. There was evening and there was morning: the first day.*

Prayer: I thank you, Lord, for this good earth. In the beginning, you created the heavens and the earth and you said that all creation was filled with goodness, beginning with the goodness of light.

Breath Prayer: Inhale: *I thank you Lord...* Exhale: *for this good earth.*

Monday January 25, 2016

Genesis 1:6-8 *God said, "Let there be a dome in the middle of the waters to separate the waters from each other." God made the dome and separated the waters under the dome from the waters above the dome. And it happened in that way. God named the dome Sky. There was evening and there was morning: the second day.*

Prayer: I thank you, Lord, for springs and streams, for marshes and estuaries for rivers and bays, for seas and the great oceans. For the precious gifts of soil and water and air, without which we could not live, I thank you, Lord.

Breath Prayer: Inhale: *I thank you Lord...* Exhale: *for this good earth.*

Tuesday January 26, 2016

Genesis 1:9-13 - *God said, "Let the waters under the sky come together into one place so that the dry land can appear." And that's what happened. God named the dry land Earth, and he named the gathered waters Seas. God saw how good it was. God said, "Let the earth grow plant life: plants yielding seeds and fruit trees bearing fruit with seeds inside it, each according to its kind throughout the earth." And that's what happened. The earth produced plant life: plants yielding seeds, each according to its kind, and trees bearing fruit with seeds inside it, each according to its kind. God saw how good it was. There was evening and there was morning: the third day.*

Prayer: I thank you, Lord, for continents in their slow journeys, for mountains that rise and rains that erode them grain by grain by grain to the sea. For prairies and rolling hills, for beaches and deserts for woodlands and glaciers, for rainforests and tundra. I thank you, Lord.

Breath Prayer: Inhale: *I thank you Lord...* Exhale: *for this good earth.*

Wednesday January 27, 2016

Genesis 1:14-19 *God said, "Let there be lights in the dome of the sky to separate the day from the night. They will mark events, sacred seasons, days, and years. They will be lights in the dome of the sky to shine on the earth." And that's what happened. God made the stars and two great lights: the larger light to rule over the day and the smaller light to rule over the night. God put them in the dome of the sky to shine on the earth, to rule over the day and over the night, and to separate the light from the darkness. God saw how good it was. There was evening and there was morning: the fourth day.*

Prayer: I thank you, Lord, for sun and moon and stars, for sunrises and clear days and bright, moon lite nights. I also thank you, Lord, for the gift of night – for time to rest, to sleep and to dream. I thank you, for all are filled with goodness.

Breath Prayer: Inhale: *I thank you Lord...* Exhale: *for this good earth.*

Thursday January 28, 2016

Genesis 1:20-23 *God said, "Let the waters swarm with living things, and let birds fly above the earth up in the dome of the sky." God created the great sea animals and all the tiny living things that swarm in the waters, each according to its kind, and all the winged birds, each according to its kind. God saw how good it was. Then God blessed them: "Be fertile and multiply and fill the waters in the seas, and let the birds multiply on the earth." There was evening and there was morning: the fifth day.*

Prayer: I thank you for the wonder of life, Lord, for the grandeur hidden in a single living cell, for the marvel of DNA, for the amazing processes of respiration, digestion, reproduction, growth and adaptation. How amazing are your creatures Lord – the field mouse that hides in tall greases, the gray whale that rises in the ocean, the swallows that soar and dive above the surface of a still pond, the tiny red eft that lives so quietly in the forest. I thank you, Lord.

Breath Prayer: Inhale: *I thank you Lord...* Exhale: *for this good earth.*

Friday January 29, 2016

Genesis 1: 24-31 *God said, "Let the earth produce every kind of living thing: livestock, crawling things, and wildlife." And that's what happened. God made every kind of wildlife, every kind of livestock, and every kind of creature that crawls on the ground. God saw how good it was. Then God said, "Let us make humanity in our image to resemble us so that they may take charge of the fish of the sea, the birds in the sky, the livestock, all the earth, and all the crawling things on earth." God created humanity in God's own image, in the divine image God created them, male and female God created them. God blessed them and said to them, "Be fertile and multiply; fill the earth and master it. Take charge of the fish of the sea, the birds in the sky, and everything crawling on the ground." Then God said, "I now give to you all the plants on the earth that yield seeds and all the trees whose fruit produces its seeds within it. These will be your food. To all wildlife, to all the birds in the sky, and to everything crawling on the ground—to everything that breathes—I give all the green grasses for food." And that's what happened. God saw everything he had made: it was supremely good. There was evening and there was morning: the sixth day.*

Prayer: I thank you for the gorillas and the elephants and giraffes the butterflies and dragonflies and ants, for beloved dogs and cats and other creatures who become part of our lives I thank you for these companions

Breath Prayer: Inhale: *I thank you Lord...* Exhale: *for this good earth.*

Saturday January 30, 2016

Matthew 45:26-30 *Look at the birds in the sky. They don't sow seed or harvest grain or gather crops into barns. Yet your heavenly Father feeds them. Aren't you worth much more than they are? Who among you by worrying can add a single moment to your life? And why do you worry about clothes? Notice how the lilies in the field grow. They don't wear themselves out with work, and they don't spin cloth. But I say to you that even Solomon in all of his splendor wasn't dressed like one of these. If God dresses grass in the field so beautifully, even though it's alive today and tomorrow it's thrown into the furnace, won't God do much more for you,*

Prayer: we thank you, God, for speaking to our world through Jesus. He told us that just as you care for every sparrow, you care for us. He reminded us that you give the wildflowers their natural beauty, and you wish to clothe us with beauty in a similar way. Let us learn to see and love this good earth as Jesus did, and to care for it, and enjoy it, and rejoice in it, so the earth may indeed be full of the glory of the Lord.

Breath Prayer: Inhale: *I thank you Lord...* Exhale: *for this good earth.*